

# ROSEVILLE ENDOCRINOLOGY

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## GLUCOSE LOG

| START DATE: |           |         |       |         |        |         | END DATE: |         |       |         |      |         |       |
|-------------|-----------|---------|-------|---------|--------|---------|-----------|---------|-------|---------|------|---------|-------|
| Day         | Breakfast |         | Lunch |         | Dinner |         | Bedtime   |         | Notes |         |      |         |       |
|             | Dose      | Reading | Dose  | Reading | Dose   | Reading | Dose      | Reading | Dose  | Reading | Dose | Reading | Notes |
| Sunday      |           |         |       |         |        |         |           |         |       |         |      |         |       |
| Monday      |           |         |       |         |        |         |           |         |       |         |      |         |       |
| Tuesday     |           |         |       |         |        |         |           |         |       |         |      |         |       |
| Wednesday   |           |         |       |         |        |         |           |         |       |         |      |         |       |
| Thursday    |           |         |       |         |        |         |           |         |       |         |      |         |       |
| Friday      |           |         |       |         |        |         |           |         |       |         |      |         |       |
| Saturday    |           |         |       |         |        |         |           |         |       |         |      |         |       |